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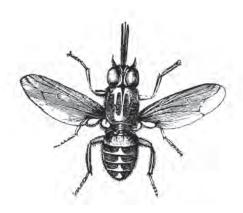
# Missionary Travels and Researches in South Africa.

Including a Sketch of Sixteen Years' Residence in the Interior of Africa, and a Journey from the Cape of Good Hope to Loanda on the West Coast; Thence Across the Continent, Down the River Zambesi, to the Eastern Ocean.

# bу

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## DEDICATION.

To

#### SIR RODERICK IMPEY MURCHISON,

President Royal Geographical Society, F.R.S., V.P.G.S., Corr. Inst. of France, and Member of the Academies of St. Petersburg, Berlin, Stockholm, Copenhagen, Brussels, Etc.,

This Work is affectionately offered as a Token of Gratitude for the kind interest he has always taken in the Author's pursuits and welfare; and to express admiration of his eminent scientific attainments, nowhere more strongly evidenced than by the striking hypothesis respecting the physical conformation of the African continent, promulgated in his Presidential Address to the Royal Geographic Society in 1852, and verified three years afterward by the Author of these Travels.

DAVID LIVINGSTONE. London, Oct., 1857.

#### PREFACE.

When honored with a special meeting of welcome by the Royal Geographical Society a few days after my arrival in London in December last, Sir Roderick Murchison, the President, invited me to give the world a narrative of my travels; and at a similar meeting of the Directors of the London Missionary Society I publicly stated my intention of sending a book to the press, instead of making many of those public appearances which were urged upon me. The preparation of this narrative1 has taken much longer time than, from my inexperience in authorship, I had anticipated.

Greater smoothness of diction and a saving of time might have been secured by the employment of a person accustomed to compilation; but my journals having been kept for my own private purposes, no one else could have made use of them, or have entered with intelligence into the circumstances in which I was placed in Africa, far from any European companion. Those who have never carried a book through the press can form no idea of the amount of toil it involves. The process has increased my respect for authors and authoresses a thousand-fold.

I can not refrain from referring, with sentiments of admiration and gratitude, to my friend Thomas Maclear, Esq., the accomplished Astronomer Royal at the Cape. I shall never cease to remember his instructions and help with real gratitude. The intercourse I had the privilege to enjoy at the Observatory enabled me to form an idea of the almost infinite variety of acquirements necessary to form a true and great astronomer, and I was led to the conviction that it will be long before the world becomes overstocked with accomplished members of that profession. Let them be always honored according to their deserts; and long may Maclear, Herschel, Airy, and others live to make known the wonders and glory of creation, and to aid in rendering the pathway of the world safe to mariners, and the dark places of the earth open to Christians!

I beg to offer my hearty thanks to my friend Sir Roderick Murchison, and also to Dr. Norton Shaw, the secretary of the Royal Geographical Society, for aiding my researches by every means in their power.

His faithful majesty Don Pedro V., having kindly sent out orders to support my late companions until my return, relieved my mind of anxiety on their account. But for this act of liberality, I should certainly have been compelled to

<sup>1</sup> Several attempts having been made to impose upon the public, as mine, spurious narratives of my travels, I beg to tender my thanks to the editors of the 'Times' and of the 'Athenaeum' for aiding to expose them, and to the booksellers of London for refusing to SUBSCRIBE for any copies.

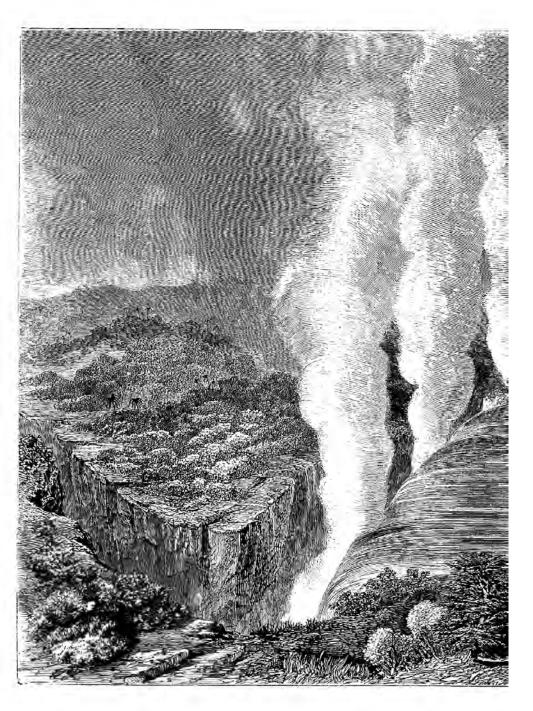
leave England in May last; and it has afforded me the pleasure of traveling over, in imagination, every scene again, and recalling the feelings which actuated me at the time. I have much pleasure in acknowledging my deep obligations to the hospitality and kindness of the Portuguese on many occasions.

I have not entered into the early labors, trials, and successes of the missionaries who preceded me in the Bechuana country, because that has been done by the much abler pen of my father-in-law, Rev. Robert Moffat, of Kuruman, who has been an energetic and devoted actor in the scene for upward of forty years. A slight sketch only is given of my own attempts, and the chief part of the book is taken up with a detail of the efforts made to open up a new field north of the Bechuana country to the sympathies of Christendom. The prospects there disclosed are fairer than I anticipated, and the capabilities of the new region lead me to hope that by the production of the raw materials of our manufactures, African and English interests will become more closely linked than heretofore, that both countries will be eventually benefited, and that the cause of freedom throughout the world will in some measure be promoted.

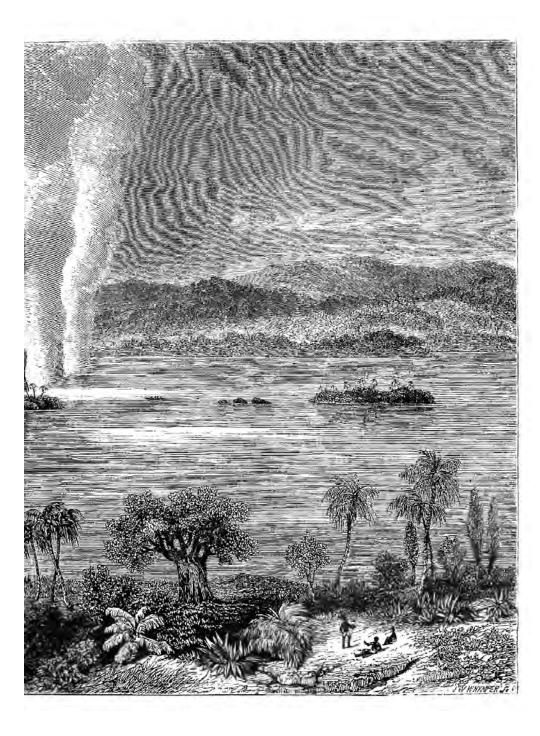
Dr. Hooker, of Kew, has had the kindness to name and classify for me, as far as possible, some of the new botanical specimens which I brought over; Dr. Andrew Smith (himself an African traveler) has aided me in the zoology; and Captain Need has laid open for my use his portfolio of African sketches, for all which acts of liberality my thanks are deservedly due, as well as to my brother, who has rendered me willing aid as an amanuensis.

Although I can not profess to be a draughtsman, I brought home with me a few rough diagram-sketches, from one of which the view of the Falls of the Zambesi has been prepared by a more experienced artist.

October, 1857.



THE VICTORIA FALLS OF THE LEEAMBTE OR ZAMBESI RIVER, CALLED BY THE NATIVES MOSTOATUNYO (SMOKE-SOUNDING).



### INTRODUCTION.

Personal Sketch—Highland Ancestors—Family Traditions—Grandfather removes to the Lowlands—Parents—Early Labors and Efforts—Evening School—Love of Reading—Religious Impressions—Medical Education—Youthful Travels—Geology—Mental Discipline—Study in Glasgow—London Missionary Society—Native Village—Medical Diploma—Theological Studies—Departure for Africa—No Claim to Literary Accomplishments.

My own inclination would lead me to say as little as possible about myself; but several friends, in whose judgment I have confidence, have suggested that, as the reader likes to know something about the author, a short account of his origin and early life would lend additional interest to this book. Such is my excuse for the following egotism; and, if an apology be necessary for giving a genealogy, I find it in the fact that it is not very long, and contains only one incident of which I have reason to be proud.

Our great-grandfather fell at the battle of Culloden, fighting for the old line of kings; and our grandfather was a small farmer in Ulva, where my father was born. It is one of that cluster of the Hebrides thus alluded to by Walter Scott:

"And Ulva dark, and Colonsay, And all the group of islets gay That guard famed Staffa round."<sup>2</sup>

Our grandfather was intimately acquainted with all the traditionary legends which that great writer has since made use of in the "Tales of a Grandfather" and other works. As a boy I remember listening to him with delight, for his memory was stored with a never-ending stock of stories, many of which were wonderfully like those I have since heard while sitting by the African evening fires. Our grandmother, too, used to sing Gaelic songs, some of which, as she believed, had been composed by captive islanders languishing hopelessly among the Turks.

Grandfather could give particulars of the lives of his ancestors for six generations of the family before him; and the only point of the tradition I feel proud of is this: One of these poor hardy islanders was renowned in the district for great wisdom and prudence; and it is related that, when he was on his deathbed, he called all his children around him and said, "Now, in my lifetime, I have searched most carefully through all the traditions I could find of our family, and I never could discover that there was a dishonest man among our forefathers.

2 Lord of the Isles, canto 4.

If, therefore, any of you or any of your children should take to dishonest ways, it will not be because it runs in our blood: it does not belong to you. I leave this precept with you: Be honest." If, therefore, in the following pages I fall into any errors, I hope they will be dealt with as honest mistakes, and not as indicating that I have forgotten our ancient motto. This event took place at a time when the Highlanders, according to Macaulay, were much like the Cape Caffres, and any one, it was said, could escape punishment for cattle-stealing by presenting a share of the plunder to his chieftain. Our ancestors were Roman Catholics; they were made Protestants by the laird coming round with a man having a yellow staff, which would seem to have attracted more attention than his teaching, for the new religion went long afterward, perhaps it does so still, by the name of "the religion of the yellow stick".

Finding his farm in Ulva insufficient to support a numerous family, my grandfather removed to Blantyre Works, a large cotton manufactory on the beautiful Clyde, above Glasgow; and his sons, having had the best education the Hebrides afforded, were gladly received as clerks by the proprietors, Monteith and Co. He himself, highly esteemed for his unflinching honesty, was employed in the conveyance of large sums of money from Glasgow to the works, and in old age was, according to the custom of that company, pensioned off, so as to spend his declining years in ease and comfort.

Our uncles all entered his majesty's service during the last French war, either as soldiers or sailors; but my father remained at home, and, though too conscientious ever to become rich as a small tea-dealer, by his kindliness of manner and winning ways he made the heart-strings of his children twine around him as firmly as if he had possessed, and could have bestowed upon them, every worldly advantage. He reared his children in connection with the Kirk of Scotland—a religious establishment which has been an incalculable blessing to that country—but he afterward left it, and during the last twenty years of his life held the office of deacon of an independent church in Hamilton, and deserved my lasting gratitude and homage for presenting me, from my infancy, with a continuously consistent pious example, such as that ideal of which is so beautifully and truthfully portrayed in Burns's "Cottar's Saturday Night". He died in February, 1856, in peaceful hope of that mercy which we all expect through the death of our Lord and Savior. I was at the time on my way below Zumbo, expecting no greater pleasure in this country than sitting by our cottage fire and telling him my travels. I revere his memory.

The earliest recollection of my mother recalls a picture so often seen among the Scottish poor—that of the anxious housewife striving to make both ends meet. At the age of ten I was put into the factory as a "piecer", to aid by my earnings in lessening her anxiety. With a part of my first week's wages I purchased Ruddiman's "Rudiments of Latin", and pursued the study of that language for many

years afterward, with unabated ardor, at an evening school, which met between the hours of eight and ten. The dictionary part of my labors was followed up till twelve o'clock, or later, if my mother did not interfere by jumping up and snatching the books out of my hands. I had to be back in the factory by six in the morning, and continue my work, with intervals for breakfast and dinner, till eight o'clock at night. I read in this way many of the classical authors, and knew Virgil and Horace better at sixteen than I do now. Our schoolmaster—happily still alive—was supported in part by the company; he was attentive and kind, and so moderate in his charges that all who wished for education might have obtained it. Many availed themselves of the privilege; and some of my schoolfellows now rank in positions far above what they appeared ever likely to come to when in the village school. If such a system were established in England, it would prove a never-ending blessing to the poor.

In reading, every thing that I could lay my hands on was devoured except novels. Scientific works and books of travels were my especial delight; though my father, believing, with many of his time who ought to have known better, that the former were inimical to religion, would have preferred to have seen me poring over the "Cloud of Witnesses", or Boston's "Fourfold State". Our difference of opinion reached the point of open rebellion on my part, and his last application of the rod was on my refusal to peruse Wilberforce's "Practical Christianity". This dislike to dry doctrinal reading, and to religious reading of every sort, continued for years afterward; but having lighted on those admirable works of Dr. Thomas Dick, "The Philosophy of Religion" and "The Philosophy of a Future State", it was gratifying to find my own ideas, that religion and science are not hostile, but friendly to each other, fully proved and enforced.

Great pains had been taken by my parents to instill the doctrines of Christianity into my mind, and I had no difficulty in understanding the theory of our free salvation by the atonement of our Savior, but it was only about this time that I really began to feel the necessity and value of a personal application of the provisions of that atonement to my own case. The change was like what may be supposed would take place were it possible to cure a case of "color blindness". The perfect freeness with which the pardon of all our guilt is offered in God's book drew forth feelings of affectionate love to Him who bought us with his blood, and a sense of deep obligation to Him for his mercy has influenced, in some small measure, my conduct ever since. But I shall not again refer to the inner spiritual life which I believe then began, nor do I intend to specify with any prominence the evangelistic labors to which the love of Christ has since impelled me. This book will speak, not so much of what has been done, as of what still remains to be performed, before the Gospel can be said to be preached to all nations.

In the glow of love which Christianity inspires, I soon resolved to devote my life to the alleviation of human misery. Turning this idea over in my mind, I felt

that to be a pioneer of Christianity in China might lead to the material benefit of some portions of that immense empire; and therefore set myself to obtain a medical education, in order to be qualified for that enterprise.

In recognizing the plants pointed out in my first medical book, that extraordinary old work on astrological medicine, Culpeper's "Herbal", I had the guidance of a book on the plants of Lanarkshire, by Patrick. Limited as my time was, I found opportunities to scour the whole country-side, "collecting simples". Deep and anxious were my studies on the still deeper and more perplexing profundities of astrology, and I believe I got as far into that abyss of phantasies as my author said he dared to lead me. It seemed perilous ground to tread on farther, for the dark hint seemed to my youthful mind to loom toward "selling soul and body to the devil", as the price of the unfathomable knowledge of the stars. These excursions, often in company with brothers, one now in Canada, and the other a clergyman in the United States, gratified my intense love of nature; and though we generally returned so unmercifully hungry and fatigued that the embryo parson shed tears, yet we discovered, to us, so many new and interesting things, that he was always as eager to join us next time as he was the last.

On one of these exploring tours we entered a limestone quarry—long before geology was so popular as it is now. It is impossible to describe the delight and wonder with which I began to collect the shells found in the carboniferous limestone which crops out in High Blantyre and Cambuslang. A quarry-man, seeing a little boy so engaged, looked with that pitying eye which the benevolent assume when viewing the insane. Addressing him with, "How ever did these shells come into these rocks?" "When God made the rocks, he made the shells in them," was the damping reply. What a deal of trouble geologists might have saved themselves by adopting the Turk-like philosophy of this Scotchman!

My reading while at work was carried on by placing the book on a portion of the spinning-jenny, so that I could catch sentence after sentence as I passed at my work; I thus kept up a pretty constant study undisturbed by the roar of the machinery. To this part of my education I owe my present power of completely abstracting the mind from surrounding noises, so as to read and write with perfect comfort amid the play of children or near the dancing and songs of savages. The toil of cotton-spinning, to which I was promoted in my nineteenth year, was excessively severe on a slim, loose-jointed lad, but it was well paid for; and it enabled me to support myself while attending medical and Greek classes in Glasgow in winter, as also the divinity lectures of Dr. Wardlaw, by working with my hands in summer. I never received a farthing of aid from any one, and should have accomplished my project of going to China as a medical missionary, in the course of time, by my own efforts, had not some friends advised my joining the London Missionary Society on account of its perfectly unsectarian character. It "sends neither Episcopacy, nor Presbyterianism, nor Independency, but the

Gospel of Christ to the heathen." This exactly agreed with my ideas of what a missionary society ought to do; but it was not without a pang that I offered myself, for it was not quite agreeable to one accustomed to work his own way to become in a measure dependent on others; and I would not have been much put about though my offer had been rejected.

Looking back now on that life of toil, I can not but feel thankful that it formed such a material part of my early education; and, were it possible, I should like to begin life over again in the same lowly style, and to pass through the same hardy training.

Time and travel have not effaced the feelings of respect I imbibed for the humble inhabitants of my native village. For morality, honesty, and intelligence, they were, in general, good specimens of the Scottish poor. In a population of more than two thousand souls, we had, of course, a variety of character. In addition to the common run of men, there were some characters of sterling worth and ability, who exerted a most beneficial influence on the children and youth of the place by imparting gratuitous religious instruction.<sup>3</sup> Much intelligent interest was felt by the villagers in all public questions, and they furnished a proof that the possession of the means of education did not render them an unsafe portion of the population. They felt kindly toward each other, and much respected those of the neighboring gentry who, like the late Lord Douglas, placed some confidence in their sense of honor. Through the kindness of that nobleman, the poorest among us could stroll at pleasure over the ancient domains of Bothwell, and other spots hallowed by the venerable associations of which our school-books and local traditions made us well aware; and few of us could view the dear memorials of the past without feeling that these carefully kept monuments were our own. The masses of the working-people of Scotland have read history, and are no revolutionary levelers. They rejoice in the memories of "Wallace and Bruce and a' the lave," who are still much revered as the former champions of freedom. And while foreigners imagine that we want the spirit only to overturn capitalists and aristocracy, we are content to respect our laws till we can change them, and hate those stupid revolutions which might sweep away time-honored institutions, dear alike to rich and poor.

Having finished the medical curriculum and presented a thesis on a subject which required the use of the stethoscope for its diagnosis, I unwittingly procured for myself an examination rather more severe and prolonged than usual among examining bodies. The reason was, that between me and the examiners a slight

The reader will pardon my mentioning the names of two of these most worthy men—David Hogg, who addressed me on his death-bed with the words, "Now, lad, make religion the every-day business of your life, and not a thing of fits and starts; for if you do not, temptation and other things will get the better of you;" and Thomas Burke, an old Forty-second Peninsula soldier, who has been incessant and never weary in good works for about forty years. I was delighted to find him still alive; men like these are an honor to their country and profession.

difference of opinion existed as to whether this instrument could do what was asserted. The wiser plan would have been to have had no opinion of my own. However, I was admitted a Licentiate of Faculty of Physicians and Surgeons. It was with unfeigned delight I became a member of a profession which is preeminently devoted to practical benevolence, and which with unwearied energy pursues from age to age its endeavors to lessen human woe.

But though now qualified for my original plan, the opium war was then raging, and it was deemed inexpedient for me to proceed to China. I had fondly hoped to have gained access to that then closed empire by means of the healing art; but there being no prospect of an early peace with the Chinese, and as another inviting field was opening out through the labors of Mr. Moffat, I was induced to turn my thoughts to Africa; and after a more extended course of theological training in England than I had enjoyed in Glasgow, I embarked for Africa in 1840, and, after a voyage of three months, reached Cape Town. Spending but a short time there, I started for the interior by going round to Algoa Bay, and soon proceeded inland, and have spent the following sixteen years of my life, namely, from 1840 to 1856, in medical and missionary labors there without cost to the inhabitants.

As to those literary qualifications which are acquired by habits of writing, and which are so important to an author, my African life has not only not been favorable to the growth of such accomplishments, but quite the reverse; it has made composition irksome and laborious. I think I would rather cross the African continent again than undertake to write another book. It is far easier to travel than to write about it. I intended on going to Africa to continue my studies; but as I could not brook the idea of simply entering into other men's labors made ready to my hands, I entailed on myself, in addition to teaching, manual labor in building and other handicraft work, which made me generally as much exhausted and unfit for study in the evenings as ever I had been when a cottonspinner. The want of time for self-improvement was the only source of regret that I experienced during my African career. The reader, remembering this, will make allowances for the mere gropings for light of a student who has the vanity to think himself "not yet too old to learn". More precise information on several subjects has necessarily been omitted in a popular work like the present; but I hope to give such details to the scientific reader through some other channel.

### CHAPTER 1.

The Bakwain Country—Study of the Language—Native Ideas regarding Comets—Mabotsa Station—A Lion Encounter—Virus of the Teeth of Lions—Names of the Bechuana Tribes—Sechele—His Ancestors—Obtains the Chieftainship—His Marriage and Government—The Kotla—First public Religious Services—Sechele's Questions—He Learns to Read—Novel mode for Converting his Tribe—Surprise at their Indifference—Polygamy—Baptism of Sechele—Opposition of the Natives—Purchase Land at Chonuane—Relations with the People—Their Intelligence—Prolonged Drought—Consequent Trials—Rain-medicine—God's Word blamed—Native Reasoning—Rain-maker—Dispute between Rain Doctor and Medical Doctor—The Hunting Hopo—Salt or animal Food a necessary of Life—Duties of a Missionary.

The general instructions I received from the Directors of the London Missionary Society led me, as soon as I reached Kuruman or Lattakoo, then, as it is now, their farthest inland station from the Cape, to turn my attention to the north. Without waiting longer at Kuruman than was necessary to recruit the oxen, which were pretty well tired by the long journey from Algoa Bay, I proceeded, in company with another missionary, to the Bakuena or Bakwain country, and found Sechele, with his tribe, located at Shokuane. We shortly after retraced our steps to Kuruman; but as the objects in view were by no means to be attained by a temporary excursion of this sort. I determined to make a fresh start into the interior as soon as possible. Accordingly, after resting three months at Kuruman, which is a kind of head station in the country, I returned to a spot about fifteen miles south of Shokuane, called Lepelole (now Litubaruba). Here, in order to obtain an accurate knowledge of the language, I cut myself off from all European society for about six months, and gained by this ordeal an insight into the habits, ways of thinking, laws, and language of that section of the Bechuanas called Bakwains, which has proved of incalculable advantage in my intercourse with them ever since.

In this second journey to Lepelole—so called from a cavern of that name—I began preparations for a settlement, by making a canal to irrigate gardens, from a stream then flowing copiously, but now quite dry. When these preparations were well advanced, I went northward to visit the Bakaa and Bamangwato, and the Makalaka, living between 22 Degrees and 23 Degrees south latitude. The Bakaa Mountains had been visited before by a trader, who, with his people, all perished from fever. In going round the northern part of these basaltic hills near Letloche I was only ten days

distant from the lower part of the Zouga, which passed by the same name as Lake Ngami;<sup>4</sup> and I might then (in 1842) have discovered that lake, had discovery alone been my object. Most part of this journey beyond Shokuane was performed on foot, in consequence of the draught oxen having become sick. Some of my companions who had recently joined us, and did not know that I understood a little of their speech, were overheard by me discussing my appearance and powers: "He is not strong; he is quite slim, and only appears stout because he puts himself into those bags (trowsers); he will soon knock up." This caused my Highland blood to rise, and made me despise the fatigue of keeping them all at the top of their speed for days together, and until I heard them expressing proper opinions of my pedestrian powers.

Returning to Kuruman, in order to bring my luggage to our proposed settlement, I was followed by the news that the tribe of Bakwains, who had shown themselves so friendly toward me, had been driven from Lepelole by the Barolongs, so that my prospects for the time of forming a settlement there were at an end. One of those periodical outbreaks of war, which seem to have occurred from time immemorial, for the possession of cattle, had burst forth in the land, and had so changed the relations of the tribes to each other, that I was obliged to set out anew to look for a suitable locality for a mission station.

In going north again, a comet blazed on our sight, exciting the wonder of every tribe we visited. That of 1816 had been followed by an irruption of the Matebele, the most cruel enemies the Bechuanas ever knew, and this they thought might portend something as bad, or it might only foreshadow the death of some great chief. On this subject of comets I knew little more than they did themselves, but I had that confidence in a kind, overruling Providence, which makes such a difference between Christians and both the ancient and modern heathen.

As some of the Bamangwato people had accompanied me to Kuruman, I was obliged to restore them and their goods to their chief Sekomi. This made a journey to the residence of that chief again necessary, and, for the first time, I performed a distance of some hundred miles on ox-back.

Returning toward Kuruman, I selected the beautiful valley of Mabotsa (lat. 25d 14' south, long. 26d 30'?) as the site of a missionary station, and thither I removed in 1843. Here an occurrence took place concerning which I have frequently been questioned in England, and which, but for the importunities of friends, I meant to have kept in store to tell my children when in my dotage. The Bakatla of the village Mabotsa were much troubled by lions, which leaped into the cattle-pens by night, and destroyed their cows. They even attacked the

Several words in the African languages begin with the ringing sound heard in the end of the word "comING". If the reader puts an 'i' to the beginning of the name of the lake, as Ingami, and then sounds the 'i' as little as possible, he will have the correct pronunciation. The Spanish n [ny] is employed to denote this sound, and Ngami is spelt nyami—naka means a tusk, nyaka a doctor. Every vowel is sounded in all native words, and the emphasis in pronunciation is put upon the penultimate.

THE MISSIONRY'S ESCAPE FROM THE LION.